Pitfalls associated with interpretation of the fat halo sign specifically involve intestinal distension. The sign has a tendency to disappear or become less apparent when the bowel lumen is more distended.\(^1\) It is thought that distension of the bowel lumen causes obscuring of the thin fat layer.\(^1\) Therefore, the fat halo sign is best appreciated when the lumen is partially collapsed.\(^1\) Other factors advocating a positive fat halo sign are prone position of the patient, and not using a contrast agent.\(^1\) The constellation of 4 signs that strongly suggests the fat halo sign representing a normal variant, as opposed to inflammatory bowel disease, includes increased prevalence in the collapsed state, decreased prevalence with distension of the bowel lumen either by gravity or gas, disappearance of the fat halo sign with additional distension, and a thin calibre of the fatty layer.\(^1\) The presence of a normal haustral pattern also supports the sign being a normal variant.\(^1\) More commonly, a normal intramural fat layer is seen in the terminal ileum and descending colon.\(^3\) It is generally much thinner than the fat layer seen in inflammatory bowel diseases.\(^3\)

In conclusion: the presence of the fat halo sign may in the absence of clinical and radiological features of inflammatory bowel disease represent a normal finding that may also be related to obesity.


## The hyperdense MCA sign and the MCA dot sign

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The hyperdense middle cerebral artery sign (HMCA), first described in 1983, refers to the hyperattenuation of the middle cerebral artery (MCA) M1 segment on non-enhanced computed tomography (CT).\(^1,2\)

The sign is due to a thromboembolus of the M1 segment of the MCA. Because the sign is a marker of vascular occlusion rather than a direct image of the resulting parenchymal changes, the HMCA sign can be considered an indirect indicator of subsequent infarction and is one of the earliest signs of ischaemic stroke.\(^3\)

The MCA dot sign is a punctate focus of hyperattenuation located in the sylvian fissure on non-enhanced CT, and is a recently described variant of the HMCA sign.\(^7\) The sign represents a thromboembolus within a segmental branch of the MCA, M2 or M3 segment, located within the sylvian fissure.\(^3\) As the M2 and M3 segmental vessels tend not to course in the transverse plane of imaging, the occluded vessel is seen in cross section, appearing as a hyperattenuating dot within the sylvian fissure.\(^3\)

While the HMCA sign and MCA dot sign are similar in that they both depict thromboembolus at different levels of the MCA, there are important clinical and prognostic distinctions. The HMCA sign suggests that a major cerebral vessel is occluded, suggesting a larger territory at risk for hypoperfusion compared with the more distal vessel occlusion of the MCA dot sign. Therefore, the MCA dot sign in the absence of the HMCA sign is associated with improved short-term clinical outcome.\(^3\)

These signs have a high specificity of almost 100 % with a high positive predictive value but a low sensitivity of approximately 38 - 40% for thromboembolic occlusion of the MCA.\(^1,3\)

Mimics of the HMCA sign, the pseudo hyperdense MCA sign, include vascular calcification, raised haematocrit, intravenous contrast and partial volume averaging.\(^7\) Another important cause of a pseudo
Hyperdense MCA sign is a normal density MCA appearing hyperdense owing to adjacent abnormal brain parenchymal hypodensity. This may appear in the setting of infection, tumour or contusion. In a study by Koo et al. to establish the objective criteria for the HMCA sign, the authors concluded that an absolute attenuation value of 43 Hounsfield units (HU) of the abnormal MCA and a ratio of more than 1.2 between the abnormal MCA attenuation compared with the normal contralateral MCA attenuation, identified all the hyperdense MCAs associated with acute ischaemic stroke.

Non-enhanced CT of the brain is usually the first diagnostic study performed for the investigation of acute neurologic symptoms and signs as it is sensitive for haemorrhage and less expensive than MR. Early non-enhanced CT scans can be an invaluable tool in detecting these indirect signs of acute infarction and are helpful for accurate and prompt management of these patients.  